



## Lent Mini-Retreats

### Seasons of Mercy: Reconciliation, Forgiveness, Mercy, Corporal and Spiritual Works of Mercy

Choose one of these weekends to renew yourself through prayer, reflection, some input, food and good discussion. This is the second year for our mini-retreats. Participants found them to be helpful for insights and spiritual growth.

All mini-retreats begin on Friday evening. They continue either on Saturday or Sunday afternoon to accommodate your schedule.

Sessions are held in the St. Matthias Parish Center. It is the building nearest to the cemetery. Go in the church parking lot and drive around the back of the church. There is limited parking near the Parish Center, or you can park in the church lot and walk.

(It is not handicapped accessible, so please contact us if this is a difficulty for you so we can move to another space if possible.)

#### **You need to pre-register.**

Contact Brigid O'Donnell at 414-321-0893 x\*823 or [bodonnell@stmatthias-milw.org](mailto:bodonnell@stmatthias-milw.org).

There is no fee.

Brigid O'Donnell is the facilitator.

#### ***Weekend 1:***

Friday, February 26 6:30-9 pm  
Sunday, February 28 1:00-4:30 pm

#### ***Weekend 2:***

Friday, March 5 6:30-9 pm  
Saturday, March 6 1:00-5:00 pm

#### ***Weekend 3:***

Friday, March 12 6:30-9 pm  
Saturday, March 13 1:00-5:00 pm

#### ***Weekend 4:***

Friday, March 19 6:30-9 pm  
Sunday, March 21 1:00-4:30 pm

#### ***Weekend 5:***

Friday, March 26 6:30-9 pm  
Sunday, March 28 1:00-4:30 pm

*Friday includes Stations of the Cross  
Saturday includes 4 pm Mass  
Sunday includes Vespers*



## Seasons of Mercy Retreat

### **Purpose:**

To help participants become aware of

- what mercy is
- how mercy is extended from God to us
- and from us to others and all the world
- your own personal history of mercy – both receiving and giving it

To help participants see that in order for us to live in the light of Christ and understand the mercy offered by God to us through Christ, we must pass through the Paschal Mystery: We must die to ourselves in Christ. This means that we must put into practice the works of mercy: the first must be last, the most important must be the servant of all, and we must be aware of our shortcomings in order for us to allow the grace of Christ to really touch us deeply.

To help participants see that the Church offers ways for us to experience the healing power of Christ. One of these is the Sacrament of Reconciliation.

To help participants see how your journey now continues into your everyday lives. You will be asked to identify what will most help you live with Christ more closely, using the spiritual and corporal works of mercy as your guide.

To assist participants to make a concrete plan with which to leave the retreat, which will help you continue to practice the mercy of Christ.

St. Matthias Parish  
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