

SPIRITUAL DIRECTION

Information Updated April 2009

INTRODUCTION

Are you looking for ongoing spiritual guidance in your life? Have you considered meeting with a spiritual director? Fifteen Catholic, trained, experienced directors are listed below and are available to pray with you, challenge you, and help you to see how God is calling you and loving you every day.

The Archdiocese of Milwaukee provides this information to assist you in seeking a spiritual director. The inclusion of a spiritual director on this list does not imply approval or endorsement on the part of the Archdiocese. The Archdiocese of Milwaukee is not responsible for these people in anyway or for any claims that may arise as a result of the use of the information provided. Rather, the Archdiocese recognizes that these people are Catholics who have received training or have experience in the area of spiritual direction. You are urged to inquire into the qualifications of any potential spiritual director.

SPIRITUAL DIRECTORS

Reverend Richard A. Boever, C.Ss.R.

Redemptorist Retreat Center
1800 N. Timber Trail Lane
Oconomowoc, WI 53066
262-567-6900

Reverend Richard Boever is the Director of the Redemptorist Retreat Center in Oconomowoc, Wisconsin. He was ordained a priest in 1973 and holds a PhD in Historical Theology. With many years of experience as a director, he describes his style as “non-directive and reflective”. His fee is \$35 with no charge for an initial session.

Miriam Brown, O.P.

Siena Center
5635 Erie Street
Racine, WI 53402
262-639-4100 x 1244

Miriam is a retreat facilitator and spiritual director on staff at Siena Retreat Center, Racine, Wisconsin. She holds masters degrees in English and Religious Studies and was trained in spiritual guidance at Claret Center in Chicago. She serves on the leadership team of the Spiritual Guidance Training Program at Siena Center. Miriam listens with the directee for the signs of grace flowing through experiences and situations of life, while letting inner wisdom unfold. She has a sliding scale: \$35-\$50.

Dawn Capilupo, OSF

4183 N. Bartlett Avenue
Shorewood, WI 53211
414-332-3557

Sister Dawn has a Masters Degree in Franciscan Studies and Spirituality from St. Bonaventure University, New York. She holds a Certificate of Completion for Spiritual Direction and Leadership from the Shalem Institute for Spiritual Formation in Bethesda, Maryland. Spiritual direction is her fulltime ministry, which she understands to be “watching the movement of God.” She uses the Franciscan spiritual tradition, Scripture and literature, myth and folktales, as well as the lens of Jungian psychology as her resources. She has a sliding scale of \$45-\$125 per session.

Jennifer Christ

167 W. Armour Avenue
Milwaukee, WI 53207
414-481-1987

Jennifer is a freelance consultant in ministry throughout the archdiocese of Milwaukee. She is a speaker, writer, retreat facilitator, spiritual director, and an instructor in the Diaconate Formation Program for the diocese. Jennifer holds a BS in Education, an MTS from Saint Francis Seminary, and a certificate in spiritual guidance from the Spiritual Guidance Training Program at Siena Center in Racine, Wisconsin. She is married and the mother of four young adult children. She meets with seekers in her home office for sessions that are prayerful and led by the Holy Spirit. Her fee range is \$30-\$55 with provisions for financial need.

Judith Deysach

Holy Apostles Parish
16000 W. National Avenue
New Berlin, WI 53151
262-786-2035, X109

Judith is the Director of Youth Ministry at Holy Apostles Parish in New Berlin, Wisconsin. She holds a MAPS degree from Saint Francis Seminary and received training as a spiritual director at the Institute of Spiritual Companionship. Using an incarnational approach, Judith serves as companion, listening as the directee recounts his/her story. Areas of exploration such prayer, dreamwork, imagery, focusing, and personality awareness allow the directee to get in touch with his/her inner life. Judith’s fee is \$40 per session.

Jim Gill

5699 Cardinal Ct
Greendale, WI 53129
414-421-4626

Jim is Religious Education Director at St. Mary’s Parish, Waukesha, Wisconsin. He holds an MA in Religious Studies with post-grad studies in scripture, theology, and spirituality. He received his Certificate in Spiritual Guidance from Siena Center in Racine, Wisconsin. Jim is an Associate of the School Sisters of Notre Dame and is experienced in Benedictine and Celtic spiritualities. He describes his style as “compassionate and supportive.” Jim’s fee is \$40.

Alice Hatzenbeller

4376 South 52nd Street
Greenfield, WI 53220
414-327-7873

Alice is a Pastoral Associate with a MAPS degree from Saint Francis Seminary and a Certificate in Spiritual Direction from Mercy Center, Colorado. She believes prayer, deep and holy listening, presence and attentiveness are essential to the sacred, confidential process of spiritual direction. She sees her role as holding up a mirror for the person, helping them uncover and ponder their lived experiences: the joys, challenges, shortcomings and their holy longings. Alice charges \$25 per session.

Sr. Eileen Kazmierowicz

St. Alphonsus Parish
5960 West Loomis Road
Greendale, WI 53129
414-421-0690, ext. 424

Sr. Eileen is the Director of Adult Formation and Development at St. Alphonsus Parish in Greendale, Wisconsin. She holds an MA in Education and Theology, a D.Min with focus on adult spiritual formation, and a Graduate Certificate in Biblical Spirituality. She received her certificate in spiritual direction from the Franciscan Spirituality Center in LaCrosse, Wisconsin. She approaches each person in their uniqueness, listening to their faith journey, offering insights as appropriate. Call to inquire about fee.

Deacon Dan Kehrer

4816 7th Avenue
Kenosha, WI 53140
262-551-8170

Dan is an ordained deacon for the Archdiocese of Milwaukee. He holds a certificate in spiritual guidance from the Spiritual Guidance Training Program at Siena Center, Racine, Wisconsin. Dan considers himself a companion on the directee's journey to a deeper relationship with God. He helps one to listen and hear God speaking in the midst of all the events of life. Dan does not charge for his sessions.

Sr. Ann Kelley

5727 S. 23 Street
Milwaukee, WI 53221
414-282-5326

Sr. Ann holds a Masters Degree in Christian Spirituality with a concentration in spiritual direction and retreats from Creighton University and a MAPS FROM Loyola of Chicago. She has had extensive experience in spiritual direction and retreat work. Sr. Ann is open to the leading of the Spirit in her sessions. She tries to help directees to be receptive to what the Holy One is calling them to be, and to assist them with hope in becoming more intimate, integrated friends of God. Her fee is \$40-\$50.

Doris Klein, CSA

1522 N. 52nd Street
Milwaukee, WI 53208
414-476-4127

Sr. Doris is a spiritual director, artist, and author. She holds a BS in art education and an MS in Secondary School Administration, as well as a certificate in spiritual guidance from the Spiritual Guidance Training Program at Siena Center, Racine, Wisconsin. She directs out of an inclusive spirituality that draws on the mystical experience of the Mystery we name God. She believes the wisdom and grace in individuals longs to be expressed in a setting free of judgment, shame, and fear. She listens and mirrors back, often using deepening questions and metaphors. She has a sliding scale: \$30-\$75.

Mary Michna, O.P.

Siena Center
5635 Erie Street
Racine, Wisconsin 53402
262-639-4100, Ext. 1301

Sr. Mary has been directing over twenty years, and holds numerous degrees in theology and scripture, including a certificate in spiritual guidance from Fordham University. Sr. Mary describes her style as “non-directive”, listening attentively, allowing the directee to solve his or her own problems, giving clarity and direction as needed. Her fee is \$25-\$35.

Joan Penzenstadler, SSND

Mount Mary College
2900 N. Menomonee River Pkwy.
Milwaukee, WI 53222
414-256-1226

Joan is Vice President of Mission for the School Sisters of Notre Dame. She holds a Ph.D. in theology and education from Boston College as well as a certificate in Spiritual Guidance from Siena Center in Racine, Wisconsin. Joan tries to provide a space where the Spirit of Truth can emerge and where the directee knows s/he is safe and heard and called to grow. Joan meets with directees at her office on the campus of Mount Mary College. She has a sliding scale: \$30-60.

Lynn Ann Reesman

St. Mary's Visitation Parish
13000 Juneau Blvd.
Elm Grove, WI 53122
262-782-7057 or 262-674-1027

Lynn Ann is a school principal, wife, mother, and grandmother. She holds various degrees including a MAPS from Saint Francis Seminary, an MA in Christian Spirituality from Creighton University, and a Certificate in Spiritual Direction and Directed Retreats from Creighton University. Formed in Ignatian spirituality, she believes spiritual direction to be a graced time during which two people of faith attune themselves intentionally to the movement of God in their hearts and lives. She sees the director's primary role as one of listening for and assisting in the discernment of these movements in the directee. Her sliding scale is \$20-\$50.

Sister Kathleen Sowinski, SSSF

10444 W. Michigan Street

Milwaukee, WI 53226

414-453-1392

Sr. Kathleen does free lance work in adult formation and education. She holds various degrees including an MA from Sacred Heart School of Theology in Franklin, Wisconsin, and a Certificate in Spiritual Guidance from the Siena Center in Racine, Wisconsin. Sr. Kathleen sees her role as assisting the seeker in becoming more aware of God's presence in his or her life. As director, she helps to nourish the "God-seed" within the person. Fee: \$40, with provisions for financial need.

Sr. Mary Jane Wagner, SSSF

1501 S. Layton Blvd.

Milwaukee, WI 53215

414-481-1464

Sr. Mary Jane is a liturgical musician, holding degrees in theology, liturgy, and religious studies, as well as a Certificate in Spiritual Direction from the Claret Center in Hyde Park, Chicago. She listens for the Spirit speaking in both words and silence, tears and laughter. Her directees have described her as "gentle, but firm." Her fee is negotiable.