

**Archdiocese of Milwaukee**  
**Bereavement Ministry**  
**A Ministry of the**  
**John Paul II Center**

**Randy Nohl, John Paul II Center**  
414-758-2216 or [nohrl@archmil.org](mailto:nohrl@archmil.org)

### **Grief Support Groups**

**Note:** Grief support groups *frequently change* schedules. Hospitals are generally most consistent in their programs. It is always best to *call ahead* to confirm information.

### **Common Ground of Grief Program**

#### **DAY & EVENING - Common Ground of Grief Presentations - 2010**

**San Camillo**, 10200 W Bluemound Rd., Milwaukee. Groups will meet on the **1<sup>st</sup> Tuesdays of the month** from **11:00 a.m.-12:30 p.m.**, *repeated* again that evening **6:30 p.m.-8:30 p.m.** except as noted. Conducted by Patrick Dean, MEd., CT, Director of Grief Education Services for the Archdiocese of Milwaukee Catholic Cemeteries and founder of the Wisconsin Grief Education Center, [www.griefwork.com](http://www.griefwork.com). Ninety-minute grief presentations consist of a 60-minute projected presentation of photographic images and grief education content followed by a 30-minute period of questions and answers. Sponsored by Archdiocese of Milwaukee Catholic Cemeteries, the John Paul II Center, and San Camillo. No charge.

#### **Dates and Topics:**

- |                    |  |
|--------------------|--|
| <b>May 4</b>       | - <i>Getting Un-Stuck: Learning To Be OK Again After Someone You Love Dies</i> |
| <b>June 1</b>      | - <i>Healing After A Parent Dies</i>   |
| <b>July</b>        | -No Programs   |
| <b>August 3</b>    | - <i>Living After The Death Of Your Spouse</i>                                 |
| <b>September 7</b> | - <i>Complex Grief: Unique Challenges When Death Comes Suddenly</i>            |
| <b>October 5</b>   | - <i>Anticipatory Grief: The Gift Of Knowing When Loss Is Coming</i>           |
| <b>November 2</b>  | - <i>Holiday Mournings: The Seeming Paradox Of Celebration &amp; Mourning</i>  |
| <b>December 7</b>  | - <i>Coming Together: The Holiday Season Meets The Season of Your Grief</i>    |

#### **DAY - Support Group Meetings - 2010**

**San Camillo**, 10200 W Bluemound Rd., Milwaukee. Groups will meet on the **2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the month** from **11:00 a.m.-12:30 p.m.**, except as noted. Conducted by Patrick Dean, MEd., CT, Director of Grief Education Services for the Archdiocese of Milwaukee Catholic Cemeteries and founder of the Wisconsin Grief Education Center, [www.griefwork.com](http://www.griefwork.com). These sessions are open to anyone who has experienced the death of a loved one. Sponsored by Archdiocese of Milwaukee Catholic Cemeteries, the John Paul II Center, and San Camillo. No charge.

#### **Dates are Tuesdays:**

- |                          |                              |                            |
|--------------------------|------------------------------|----------------------------|
| <b>April 13 &amp; 27</b> | <b>July – No Meetings</b>    | <b>October 12 &amp; 26</b> |
| <b>May 11 &amp; 25</b>   | <b>August 10 &amp; 24</b>    | <b>November 9 only</b>     |
| <b>June 8 &amp; 22</b>   | <b>September 14 &amp; 28</b> | <b>December 14 only</b>    |

The *Common Ground of Grief* presentations and support group meetings are free and open to everyone. For more information, contact Chuck Murphy at 414-438-4420 or [murphyc@archmil.org](mailto:murphyc@archmil.org).

## Catholic Parishes & Other Organizations

### Milwaukee County

**St. Alphonsus Parish Ministry Center** — 5960 W. Loomis Rd., Greendale, 53129. **Bereavement Group** meets from 10:00 – 11:30 a.m. monthly on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays. Nancy Snyder facilitates this support group for adults who have lost a loved one. Christian focus – ongoing participation – open to the public. Contact: Kathy Knutel, 414-421-3796. Parish e-mail is: [stals@st-alphonsus.org](mailto:stals@st-alphonsus.org).

**St. Gregory the Great** — 3160 S. 63 St., 2<sup>nd</sup> Floor, Milwaukee, 53219. **Widows Group** meets monthly on the fourth Tuesday from 12:00 noon until 2:00 p.m. Grief support for adult women who have lost a spouse. Catholic focus – ongoing participation – open to the public. Contact: Bonnie at 414-543-8292. Parish e-mail is: [coelian@asapnet.net](mailto:coelian@asapnet.net).

**“Kyle’s Korner”** – 7106 W. North Ave., Wauwatosa, 53213. Kyle’s Korner is a not-for-profit organization dedicated to assisting children, teens and their families who have experienced grief due to loss of a loved one through death. Families are offered support, understanding, empathy and education in a safe environment that is conducive to acceptance, respect, trust and caring throughout the healing process. Contact information for **Kyle’s Korner** or a **Young (20’s/40’s) Widow(er) Support Group**: 414-777-1585 or [www.kyleskorner.com](http://www.kyleskorner.com).

**Margaret Ann’s Place** – 912 N. Hawley Rd., Milwaukee, 53213, Milwaukee site and office. (See Racine and Kenosha for the addresses of those locations.) Margaret Ann’s Place is a non-profit organization dedicated to serving the distinctive needs of grieving children. Their mission is to provide “awareness, education and support to children and their families who are grieving a death.” This free peer support/education group helps children understand and express their feelings, validating their experience and emotions in the company of their peers. Kids who visit Margaret Ann’s Place develop coping skills that help them integrate love, life and loss into their daily lives and the years ahead. Contact information: 414-732-2663 or 866-455- HOPE (4673), or [www.margaretannspplace.org](http://www.margaretannspplace.org).

**St. Mary** — 9520 W. Forest Home Ave., Hales Corners, 53130. Each year, St. Mary Parish offers two 6 week Grief Support Groups: 1) Spring Group: *A Time to Hope A Time to Heal* – April 12 thru May 17, 2010. 2) Autumn Group: *Holiday Grief Support Group* – usually runs from mid-November to just before Christmas. See Bulletin online at [www.stmaryhc.org](http://www.stmaryhc.org) or contact Mary Matestic at [matesticm@stmaryhc.org](mailto:matesticm@stmaryhc.org) or 414-425-2174. Registration is required.

**Mary Queen of Heaven** — 2322 S. 106 St. West Allis, 53227-2001. Call: Ann Spoerl, 414-328-5566. **“The Journey of Grief: Healing Through Loss.”** This group meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month from October through April. Parish e-mail is: [mm@bizwi.rr.com](mailto:mm@bizwi.rr.com).

**“My Good Mourning Place”** – Housed at the former convent located on the **Blessed Sacrament Church** campus at 40<sup>th</sup> Street and Oklahoma Avenue. The bereavement center was established to reach out to children from **ages 3 to 19** and their families who have been touched by death and to provide a caring place for them to cry and help them gain the necessary tools to deal with loss. Contact information: Connie Taylor at 414-643-5678 or 414-385-5265 or [www.mygoodmourningplace.org](http://www.mygoodmourningplace.org).

**Wheaton Franciscan Healthcare-Wauwatosa** – 5<sup>th</sup> Floor Conference Room, 201 N. Mayfair Rd., Wauwatosa 53226. Free seminars to help individuals grieving the loss of a loved one are offered throughout the year. To register for these seminars or for further information, please call 1-888-994-3286 or go online at [www.mywheaton.org](http://www.mywheaton.org). For individual Grief Support and information, please call Wheaton Franciscan Bereavement Services at 414-447-2490.

## Waukesha County

**St. Dominic, Brookfield; St. John Vianney, Brookfield; St. Mary, Elm Grove; St. Joseph, Wauwatosa** — This four parish support group offers a 4-week grief support series entitled "**Hope in the Midst of Grief**" every May and October annually. The location of the group rotates amongst the 4 parishes. The "Hope Series" offers grief support for adults who have lost a loved one and is open to the public. Please call for dates and location. **Registration is required.** Contacts: Susan McNeil, 262-781-3480, ext. 225 or [susan.mcneil@stdomiknic.net](mailto:susan.mcneil@stdomiknic.net) or Mary Janowak, 262-796-3944 or [maryk@stjohnv.org](mailto:maryk@stjohnv.org).

**Good Shepherd** — N88 W17658 Christman Rd., Chapel via South Entrance, Menomonee Falls, 53051. **Grief Support Group**, for adults who have lost a loved one, meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month at 7:00 p.m. Christian focus – ongoing participation – open to the public. Contact: Deacon Gene, 262-255-2210. Parish e-mail is: [goodshepherd@gdinet.com](mailto:goodshepherd@gdinet.com).

**St. Leonard** — W173 S7743 Westwood Dr., Muskego, 53150. "**Sharing Your Grief, Easing Your Loss**", a 3-session grief support group, is offered annually in the Fall for adults who have lost a loved one. Please contact Carlene Larson, Pastoral Associate, or Jennie Soika, Parish Nurse, for specific dates. They can also provide information and resources throughout the year to those who are bereaved. Contact Carlene or Jennie via the parish at 262-679-1773 or via email: Carlene [larsonc@archmil.org](mailto:larsonc@archmil.org) / Jennie [soikaj@archmil.org](mailto:soikaj@archmil.org).

**St. Mary Catholic Church** — Parish Center, 225 S. Hartwell Ave., Waukesha 53186. **Grief Support Group** for adults who have lost a loved one. Group meets first Thursdays of the month, 6:30-8:00 p.m. Contact: Sr. Nancy Sell, 262-547-6555 ext. 302.

**St. Paul** — P.O. Box 95, S38 W31602 Hwy. D, Genesee Depot, 53127. Cathy Labinski **occasionally** facilitates a group based on interest. Contact Cathy via the parish office, 262-968-3865 or via the parish email at [office@stpaulgenesee.net](mailto:office@stpaulgenesee.net). Please include Cathy's name in the subject line of any email communication.

**Stillwaters Center, Inc.**, 434 Madison St., Waukesha 53188. **Hope, Healing & Growth**, a grief support group for adults who have lost a loved one to cancer. Workshops and individual counseling is also offered. For more information or to register for workshops held at various locations, please contact: Melissa Minkley, 262-548-9148 or [melissa@stillwaterscenter.org](mailto:melissa@stillwaterscenter.org). Stillwaters Center website at [www.stillwaterscenter.org](http://www.stillwaterscenter.org).

**St. William** — Vercelli House, 440 N. Moreland Blvd., Waukesha, 53188. **Grief Support** for adults who have lost a loved one. Monthly meetings on 2<sup>nd</sup> Tuesdays, 10:00-11:00 a.m. Ongoing participation – open to the public. Contact: Cindy Bergland, 262-547-2763, ext. 213 or [cberglan@tds.net](mailto:cberglan@tds.net)

**Waukesha – No set location.** “**Loss of A Loved One.**” Kathy Bruning conducts grief support groups for adults who have lost a loved one 2-3 times a year. Open to the public. Call or email for locations, dates, and times. Contact: Kathy Bruning, 262-524-9965 or [starlab@wi.rr.com](mailto:starlab@wi.rr.com).

## Ozaukee County

**Lumen Christi** — 2700 W. Mequon Rd., Mequon, 53092. **Grief Support Group** – Contact: Jim or Carol Ott at 262-241-9411 or the Parish Office at 262-242-7967 or e-mail [lcmail@lumenchristiparish.org](mailto:lcmail@lumenchristiparish.org).

## Washington County

**St. Frances Cabrini** — 1025 S. 7<sup>th</sup> Ave., West Bend, 53095. **Grief Support Group** for adults who have lost a loved one. Meets monthly on the 1<sup>st</sup> Thursday at 6:30 p.m. in the lower level of the church. Ecumenical – ongoing participation – open to the public. Contact: Carol at 262-338-2366 ext. 12.

**St. Gabriel** — 1200 St. Gabriel Way, Hubertus, 53033-9794. **Grief Support Group** for adults who have lost a loved one. Meets the 2<sup>nd</sup> Tuesday of each month at 7:00 p.m. Ecumenical/Interfaith – ongoing participation – open to the public. Contact: Maureen Mitchell at 262-673-2986 or e-mail [mmitchell@sgabrielp.org](mailto:mmitchell@sgabrielp.org).

**St. Killian Catholic Church** — 428 Forest St., Hartford, 53027. **Path of Hope Bereavement Group** for adults who have lost a loved one. Meets the 4<sup>th</sup> Tuesday of the month, 7:00-8:30 p.m. Open to the public—Christian focus—ongoing participation. Contact: Parish Secretary, 262-673-4831.

## Fond du Lac County

**St. Agnes Hospital-Agnesian HealthCare** — 430 E. Division, Fond du Lac, 54935.

**Grief Support Groups** meet for three 8-week sessions starting in January, April and August. Limited to 12 people – pre-registration required. Contact: Terri St. Lawrence, 920-926-4960.

**Open Grief Support Groups** – meets 2<sup>nd</sup> Wednesday of the month, 6:30-8:30 p.m. or 3<sup>rd</sup> Tuesdays of the month, 12:00-1:15 p.m. Both groups meet at St. Agnes Hospital Journey Small Conference Room. Contact: S. Joyann Repp, RN, 920-924-4660.

**Grief Support Group for Men** – meets 4<sup>th</sup> Thursday of the month at St. Agnes Hospital Journey Small Conference Room. For further information contact: Sr. Joyann Repp, RN, 920-924-4660.

**Grief Relief** – peer support group for children ages 4 yrs.-15 yrs. It is offered twice a month from 6:00-7:30 p.m. For further information contact: Terri St. Lawrence, 920-926-4960.

## Racine County

**Margaret Ann's Place, Racine Site** – Mount Pleasant Lutheran Church, 1700 S. Green Bay Rd., 53406. Margaret Ann's Place is a non-profit organization dedicated to serving the distinctive needs of grieving children. Their mission is to provide “awareness, education and support to children and their families who are grieving a death.” This free peer support/education group helps children understand and express their feelings, validating their experience and emotions in the company of their peers. Kids who visit Margaret Ann's Place develop coping skills that help them integrate love, life and loss into their daily lives and the years ahead. Contact information: 414-732-2663 or 866-455- HOPE (4673), or [www.margaretannsplace.org](http://www.margaretannsplace.org).

## Kenosha County

**Margaret Ann's Place, Kenosha Site**, 701 N. Lake Ave., Twin Lakes, 53181.

Margaret Ann's Place is a non-profit organization dedicated to serving the distinctive needs of grieving children. Their mission is to provide “awareness, education and support to children and their families who are grieving a death.” This free peer support/education group helps children understand and express their feelings, validating their experience and emotions in the company of their peers. Kids who visit Margaret Ann's Place develop coping skills that help them integrate love, life and loss into their daily lives and the years ahead. Contact information: 414-732-2663 or 866-455- HOPE (4673), or [www.margaretannsplace.org](http://www.margaretannsplace.org).

**Survivors of Suicide Support Group**, meets at the Piasecki-Althaus Family Services Center, 2002 52<sup>nd</sup> St., Kenosha 53140 second Tuesday of every month beginning at 7:00 p.m. Please call 262-658-4101 for more information.

**2010 Meeting Calendar and Topics:**

- |                     |  |
|---------------------|--|
| <b>April 13</b>     | - <i>Mars Vs. Venus: Respecting &amp; Understanding the Differences Between How Men &amp; Women Grieve</i> |
| <b>May 11</b>       | - <i>Regret: Managing Regret &amp; Forgiving Yourself</i>  |
| <b>June 8</b>       | - <i>Day of Commemoration</i>  |
| <b>July 13</b>      | - <i>The Creative Process: Journaling</i>  |
| <b>August 10</b>    | - <i>The Creative Process: Meditation &amp; Guided Visualization to Support Your Grief Work</i>            |
| <b>September 14</b> | - <i>The Critical Care of YOU</i>  |
| <b>October 12</b>   | - <i>Surviving Special Occasions</i>   |
| <b>November 9</b>   | - <i>The Veterans' Experience &amp; Post-Traumatic Stress Disorder</i>                                     |
| <b>December 14</b>  | - <i>The Myth of Closure &amp; Next Steps</i>  |

**Archdiocese of Milwaukee Catholic Cemeteries**

Patrick Dean, a certified grief counselor, will work with individual or small families groups. The counseling is done primarily for those families who have had a burial in one of the eight Catholic Cemeteries of the Archdiocese of Milwaukee. He can be reached through Holy Cross Cemetery, 414-438-4420, ext. 302 (which has voicemail available anytime) or the address is: 7301 W. Nash St., Milwaukee, 53216.

**Hospitals – Milwaukee County**

**Aurora St. Luke's Medical Center**, 2900 W. Oklahoma Ave., Milwaukee, 53215

**Women and Grief** – a support group for adult women who have lost a loved one. First Thursday of every month, 6:30-8:30 p.m. Registration required. Contact: Mary Anne Borowski-Lutz, 414-647-6494.

**Grieving the Death of a Partner (men & women)** – a support group for the death of a spouse or life partner. Tuesdays for 8 week sessions – afternoons or evenings. Contact Rev. Greg Nuernberg, 414-647-6494 for dates and times of current sessions and to register.

**Kids Care** – a support group for kids who have lost a loved one – ages 5-12 years old. Four-week sessions. Call for dates and times. Contacts: Sue Berg, Child Life Specialist, or Cadie Lourigan, 414-649-6634.

**Survivors Helping Survivors** – bereavement support for adults who have lost a relative or friend to **suicide**. Second Tuesday of every month, 7:00-9:00 p.m. Registration not required. Contact: Mary Ellen, 414-543-0787 or MHA, 414-276-3122.

**Aurora St. Luke's South Shore** - 5900 S. Lake Dr., Cudahy, 53110

**“Healing Grief”** – a support group for adults who have lost a loved one. Six-week sessions – 6:30-8:30 p.m. Call to register. Contacts: Geralyn Steimle, Chaplain, or Marcia Isherwood, RN, 414-489-4070.

**Aurora West Allis Medical Center**, 8901 W. Lincoln Ave., West Allis, 53227

**Living Through Loss** – bereavement support group for adults who have lost a loved one. First and third Tuesday of every month from 10:00-11:30 a.m. or 6:00-7:30 p.m. Contact: Marge Hendrickson, RN, or Mary Anne Borowski-Lutz, 414-328-7405.

**Infant Loss Support Group** – support for parents who have lost a baby during pregnancy, at birth or shortly after birth, no matter how long it has been since their loss. First Wednesday of the month, 7:00-8:30 p.m., in the Savory Room-Aurora Women's Pavilion. Ongoing participation – registration not required. Contact: Mabelle Minster, RN, 414-329-5908.

**Children's Hospital of Wisconsin** – Children's Corporate Center, Suite 255, 999 N. 92<sup>nd</sup> St. Wauwatosa 53226

**"Infant Loss Support Group"** – a grief support group for adults who have suffered the loss of an infant. 4<sup>th</sup> Mondays of the month, 6:30-8:00 p.m. Call for information. Contact: Nichole, 414-266-2995 or email [NSchwerman@chw.org](mailto:NSchwerman@chw.org).

**Columbia St. Mary Hospital** – 2025 E. Newport Ave., Wauwatosa Room (M101), Milwaukee 53211

**Grief Support Group** for adults who have lost a loved one. 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays of the month from 10:30 a.m.-Noon. Call to register. Contact: Bereavement Coordinator, 414-961-3763.

### Miscellaneous

**Fr. Guy Gurath, Holy Trinity Parish**, P.O. Box 16, Newburg, WI 53060. Fr. Gurath has been involved in Grief Ministry since 1988 while also serving in various parish ministries in the archdiocese. His CDs (and tapes) are available through Seaworthy Publications or for a complimentary copy, call him directly at 262-675-6256.

### Parent Support Groups

RTS Bereavement Program (formerly known as **RESOLVE THROUGH SHARING**)

Miscarriage, ectopic pregnancy, stillbirth, or newborn death:

Wheaton Franciscan Healthcare, Racine	
St. Luke's Health Pavilion	262-687-3278
United Hospital System	262-656-2753
Kenosha Medical Center	
St. Catherine's Medical Center	
St. Agnes Hospital, Fond du Lac	920-926-4843
Wheaton Franciscan Healthcare, Milwaukee	
St. Joseph	414-447-2473
St. Joseph's, West Bend	262-334-8361
Columbia/St. Mary's Hospital, Milwaukee	414-291-1141
Watertown Regional Medical Center, Watertown	920-261-4210
Waukesha Memorial Hospital	262-928-4090
Aurora West Allis Medical Center, West Allis	414-329-5908

## The Compassionate Friends

The Compassionate Friends is a mutual assistance, self-help organization offering friendship and understanding to bereaved parents and sibling. The primary purpose is to assist them in the positive resolution of the grief experienced upon the death of a child. For nearly two decades The Compassionate Friends chapters in the Milwaukee area have helped thousands of bereaved parents in their efforts to achieve physical and emotional health.

### **National Office of the Compassionate Friends**

Mailing address: P.O. Box 3696, Oak Brook, IL 60522-3696  
Regional Coordinator – State of Wisconsin: Jim Staniforth – 608-835-7493  
Toll free: 877-969-0010  
Fax: 630-990-0246  
E-mail: [nationaloffice@compassionatefriends.org](mailto:nationaloffice@compassionatefriends.org)  
Website: [www.compassionatefriends.org](http://www.compassionatefriends.org)

There are five chapters of **The Compassionate Friends** in the local area.

**Milwaukee/Oak Creek County Chapter** meets at Oak Creek Community Center, 8580 S. Howell Ave., Oak Creek 53154. Meetings are held on the 3<sup>rd</sup> Tuesday of the month at 6:30 p.m. Contact: Rosemary Albrecht, 414-764-5668.

**Ozaukee County Chapter** meets at Advanced Health Care, 6515 Pioneer Rd., Cedarburg 53012. Meetings are held on the 3<sup>rd</sup> Tuesday of the month at 7:00 p.m. Contact: Cory, 262-376-1724.

**Racine County Chapter** meets at Wheaton Franciscan Healthcare All Saints Medical Center, Lower Level, 3801 Spring St., Racine 53405. Meetings are held on the last Tuesday of the month at 7:00 p.m. Contact: Diane Beck at 262-895-4888 or Peg Rousar-Thompson at 262-598-0834.

**Walworth County Chapter** meets at St. John Lutheran Church, 104 S. Broad St., Elkhorn 53121. Meetings are held on the 4<sup>th</sup> Monday of the month at 7:30 p.m. Contact: Mary, 262-248-4398.

**Waukesha County Chapter** meets at Salem United Methodist Church, 541 Hwy. 59, Waukesha 53186. Meetings are held on the 4<sup>th</sup> Monday of the month at 7:00 p.m. Contact: Karen Staker, 262-363-3091.

## Suicide Support Groups

**Riverwood Church, 6919 McHenry St., Burlington 53105. ENTOUCH** – Encouraging Others Touched by Suicide. Grief support for adults who have lost a relative or friend to suicide. 3<sup>rd</sup> Tuesday of the month, 6:30 p.m. Open to the public – no religious affiliation required to join – ongoing participation. Contact: Steve or Cathie, 262-581-4833 or 262-539-2383.

**Survivors Helping Survivors** offers grief support for adults who have lost a relative or friend to suicide: **Aurora St. Luke's Medical Center, 2900 W. Oklahoma Ave., Milwaukee 53215.** Meets 2<sup>nd</sup> Tuesday of every month, 7:00 p.m. Registration not required. Contact: Mary Ellen, 414-543-0787 or MHA, 414-276-3122.

**Tri-City National Bank, 4295 W. Bradley Rd., Milwaukee 53209.** 1<sup>st</sup> Thursday of every month, 7:00 p.m. Ongoing participation. Contact: Joan, 414-545-8786 or MHA, 414-276-3122.

**Survivors of Suicide** offers grief support for adults who have lost a relative or friend to suicide: **Rogers Memorial Hospital, 34700 Valley Rd., Oconomowoc 53066.** 1<sup>st</sup> Thursday of every month, 7:00 p.m. Ongoing participation. Contact: Michelle Unertl, 800-767-4411 ext. 580.

**Waukesha Memorial Hospital, 725 American Ave., Waukesha 53188.** 3<sup>rd</sup> Monday of every month, 7:00 p.m. Ongoing participation. Contact: Jill, 262-970-9738.

**Survivors of Suicide Support Group**, meets at the **Piasecki-Althaus Family Services Center, 2002 52<sup>nd</sup> St., Kenosha 53140** second Tuesday of every month beginning at 7:00 p.m. Please call 262-658-4101 for more information.

### **2010 Meeting Calendar and Topics:**

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<b>June 8</b>	<i>-Day of Commemoration</i>
<b>July 13</b>	<i>-The Creative Process: Journaling</i>
<b>August 10</b>	<i>-The Creative Process: Meditation &amp; Guided Visualization to Support Your Grief Work</i>
<b>September 14</b>	<i>-The Critical Care of YOU</i>
<b>October 12</b>	<i>-Surviving Special Occasions</i>
<b>November 9</b>	<i>-The Veterans' Experience &amp; Post-Traumatic Stress Disorder</i>
<b>December 14</b>	<i>-The Myth of Closure &amp; Next Steps</i>

*Updated 4/23/10*