

Questions for Inquiry

Spiritual Director's Name _____

Contact information _____

Location _____

Prior to contacting the potential director, prepare the questions you plan to ask.

Questions about training, background, experience: _____

How does the director describe his/her approach to spiritual direction? His/her "style"?

What would a typical direction session with this person look like?

What does s/he expect of a directee?

Questions about professional accountability: Does s/he meet regularly with a spiritual director? A peer supervision group? Does s/he abide by the ethical guidelines of the Archdiocese of Milwaukee?

Questions about fee, location, intent of first session _____

Other questions? _____

After the conversation, record your impressions:

What is attracting you to this director? _____

What reservations, if any, do you have about this director? _____

Will you take this director's name to prayer? _____

Would you like to meet this director for a first session? _____