Questions for Inquiry

Spiritual Director’s Name _________________________________________________

Contact information ______________________________________________________

Location _______________________________________________________________

Prior to contacting the potential director, prepare the questions you plan to ask.

Questions about training, background, experience: ____________________________
________________________________________________________________________
________________________________________________________________________

How does the director describe his/her approach to spiritual direction? His/her “style”?
________________________________________________________________________
________________________________________________________________________

What would a typical direction session with this person look like?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

What does s/he expect of a directee?
________________________________________________________________________
________________________________________________________________________

Questions about professional accountability: Does s/he meet regularly with a spiritual director? A peer supervision group? Does s/he abide by the ethical guidelines of the Archdiocese of Milwaukee?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Questions about fee, location, intent of first session ______________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Other questions? __________________________________________________________
________________________________________________________________________
After the conversation, record your impressions:
_______________________________________________________________________
________________________________________________________________________
________________________________________________________________________
What is attracting you to this director? ________________________________
_______________________________________________________________________
________________________________________________________________________
What reservations, if any, do you have about this director? ________________
________________________________________________________________________
Will you take this director’s name to prayer? ______________________________
Would you like to meet this director for a first session? ____________________