

SPIRITUAL DIRECTION

Information Updated April 2016

INTRODUCTION

Are you looking for ongoing spiritual guidance in your life? Have you considered meeting with a spiritual director? Fifteen Catholic, trained, experienced directors are listed below and are available to pray with you, challenge you, and help you to see how God is calling you and loving you every day.

The Archdiocese of Milwaukee provides this information to assist you in seeking a spiritual director. The inclusion of a spiritual director on this list does not imply approval or endorsement on the part of the Archdiocese. The Archdiocese of Milwaukee is not responsible for these people in anyway or for any claims that may arise as a result of the use of the information provided. Rather, the Archdiocese recognizes that these people are Catholics who have received training or have experience in the area of spiritual direction. You are urged to inquire into the qualifications of any potential spiritual director.

SPIRITUAL DIRECTORS

Miriam Brown, O.P.

Siena Center
5635 Erie Street
Racine, WI 53402
262-639-4100 x 1244
mbrownop@aol.com

Sr. Miriam is a Sinsinawa Dominican and member of the retreat staff of Siena Retreat Center in Racine where she is an experienced spiritual guide, retreat facilitator, and on the leadership team for Siena's two-year Spiritual Guidance Training Program. She has an eye for the Spirit's movement in the world today, and a sensitive ear for the graced unfolding of God in the happenings of each person's deep and precious life. Siena's sliding scale is \$35-\$55.

Dawn Capilupo, OSF

4183 N. Bartlett Avenue
Shorewood, WI 53211
414-332-3557
dcapilupo@att.net

Sister Dawn has a Masters Degree in Franciscan Studies and Spirituality from St. Bonaventure University, New York. She holds a Certificate of Completion for Spiritual Direction and Leadership from the Shalem Institute for Spiritual Formation in Bethesda, Maryland. Spiritual direction is her fulltime ministry, which she understands to be "watching the movement of God." She uses the Franciscan spiritual tradition, Scripture and literature, myth and folktales, as well as the lens of Jungian psychology as her resources. She has a sliding scale of \$45-\$125 per session.

Jennifer Christ

167 W. Armour Avenue
Milwaukee, WI 53207
414-481-1987

Jennifer is a freelance consultant in ministry throughout the archdiocese of Milwaukee. She is a speaker, writer, retreat facilitator, spiritual director, and an instructor in the Diaconate Formation Program for the

diocese. Jennifer holds a BS in Education, an MTS from Saint Francis Seminary, and a certificate in spiritual guidance from the Spiritual Guidance Training Program at Siena Center in Racine, Wisconsin. She is married and the mother of four young adult children. She meets with seekers in her home office for sessions that are prayerful and led by the Holy Spirit. Her fee range is \$30-\$55 with provisions for financial need.

Mary DeSantis

Our Lady of Grace Catholic Spirituality Center
2281 N Swan Blvd.
Wauwatosa, WI 53226
414-302-0240
mdesantis@sbcglobal.net
www.ourladyofgracespiritualitycenter.org

Mary is a Consecrated Virgin in the Order of Virgins. She offers spiritual direction full-time in **English and Spanish** and serves as a Spirituality Consultant to the Vocations Office of the Archdiocese of Milwaukee. Mary holds graduate degrees in Systematic Theology and Christian Spirituality and a Graduate Certificate in Spiritual Direction and Directed Retreats. She allows the Holy Spirit to take the lead in her sessions, while using her gifts, training, and experience to gently illuminate the working of the Spirit in the lives of her directees. She uses the Principles of Ignatian Discernment as the foundation for her work. Please call to inquire about fee.

Stella DeVenuta, OSF

SanctuStar Oasis (St. Francis Convent)
3221 South Lake Drive
Milwaukee, WI 53235
414-581-4006
stellaosf@lakeosfs.org

Stella is a Sister of St. Francis Assisi, an artist and facilitator of the Soul Circle women's group. Her certificate in spiritual guidance is from the Siena Center in Racine, Wisconsin. She holds a MS degree in art education as well as certifications and training in theology, Capacitar International, campus ministry, and Mandala interpretation. In addition to individual spiritual guidance, Stella offers various retreats that include creativity process. She considers the primary focus of direction as companioning others as they deepen their relationship with God and Spirit. Spiritual companioning is about being attentive to the "Presence" of the Holy in each person's sacred life story. Stella offers an open heart for deep listening, guided imagery, creativity and reflective questions to invite each person to surface their own intuitive wisdom. Spiritual Guidance sessions and combination of Art and Spirituality sessions available. The individual should be able to use a staircase to access the Oasis space. She has a sliding scale: \$40-100 (suggested \$60). Fees negotiable for times of financial hardship.

Judith Deysach

1255 Longwood Avenue
Elm Grove, WI 53122
262-786-5520
deysach.jl@sbcglobal.net

Judith holds a MAPS degree from Saint Francis Seminary and received training as a spiritual director at the Institute of Spiritual Companionship, Loyola University Chicago accredited. Judith has done wide-ranging work with both youth and adults in faith formation. As God is present in all, using an incarnational approach, Judith serves as companion, listening as the directee recounts his/her story.

Areas of exploration such as prayer, dream work, imagery, focusing, and personality awareness allow the directee to get in touch with his/her inner life. Judith's fee is \$40 per session.

Sister Arlene Einwalter, SSSF

My Good Mourning Place
4005 W. Oklahoma Avenue
Milwaukee, WI 53215
414-212-8976
garlene@hotmail.com

Sr. Arlene is a School Sister of St. Francis whose primary ministry is counseling, spiritual direction, and education. She holds masters degrees in religious education and theology, as well as an Associate Degree in Hospice, Grief Counseling, and Death Education. She has done extensive work as a grief counselor. In spiritual direction she uses prayer, meditation, guided imagery, association, and the enneagram as tools to help a person find God in the stuff of their everyday lives. She has a sliding scale of \$60-75 with provision for financial hardship.

Jim Gill

5699 Cardinal Ct
Greendale, WI 53129
414-421-4626
cardinalcourt5699@gmail.com

Jim is the Director of Child and Family Ministry at St. Mary's Parish, Waukesha, Wisconsin. He holds an MA in Religious Studies with post-grad studies in scripture, theology, and spirituality. He received his Certificate in Spiritual Guidance from Siena Center in Racine, Wisconsin. Jim is an Associate of the School Sisters of Notre Dame and is experienced in Benedictine and Celtic spiritualities. He describes his style as "compassionate and supportive." Jim's fee is \$45 with provisions for financial need. There is no charge for the initial session.

Alice Hatzenbeller

4376 South 52nd Street
Greenfield, WI 53220
414-704-2736
chaplinalice@icloud.com

Alice is a Pastoral Care Minister with a MAPS degree from Saint Francis Seminary, a Certificate in Spiritual Direction from Mercy Center, Colorado and a Certificate in Bereavement Ministry from Archdiocese of New York. She believes prayer, deep and holy listening, presence and attentiveness are essential to the sacred, confidential process of spiritual direction. She sees her role as holding up a mirror for the person, helping them uncover and ponder their lived experiences: the joys, challenges, shortcomings and their holy longings. Alice has a sliding scale: \$35-50 with fees negotiable for times of financial hardship.

Sr. Eileen Kazmierowicz

St. Alphonsus Parish
5960 West Loomis Road
Greendale, WI 53129
414-421-2442, ext. 224
eileen@st-alphonsus.org

Sr. Eileen is the Director of Adult Formation and Development at St. Alphonsus Parish in Greendale, Wisconsin. She holds an MA in Education and Theology, a Doctor of Ministry degree focused on adult spiritual formation, and a Graduate Certificate in Biblical Spirituality. She received her certificate in

spiritual direction from the Franciscan Spirituality Center in LaCrosse, Wisconsin. She approaches each person uniquely, listening to their faith journey, and encouraging faith and life connections. Her fee is \$25 per session, with no charge for an initial session.

Deacon Dan Kehrer

4816 7th Avenue
Kenosha, WI 53140
262-551-8170
dankehrer@att.net

Dan is an ordained deacon for the Archdiocese of Milwaukee. He holds a certificate in spiritual guidance from the Spiritual Guidance Training Program at Siena Center, Racine, Wisconsin. Dan considers himself a companion on the directee's journey to a deeper relationship with God. He helps one to listen and hear God speaking in the midst of all the events of life. Dan does not charge for his sessions.

Sr. Ann Kelley

5727 S. 23 Street
Milwaukee, WI 53221
414-627-5206
akelly@lakeosfs.org

Sr. Ann is a Sister of St. Francis of Assisi who has experienced a deep on-going call to accompany others on their spiritual journey. Answering this call she has earned a Master's degree in Christian Spirituality with a concentration in spiritual direction and retreat direction from Creighton University and a MAPS degree from Loyola of Chicago. She also has certificates in Holistic Growth; and Healing, Transformation and Empowerment. Ann is committed to relying on the Spirit's creative movements during sessions, and in promoting relationships with the Holy One, self, others and creation which are intimate, integrated and authentic. Her fee is negotiable.

Joan Penzenstadler, SSND

Mount Mary University
2900 N. Menomonee River Pkwy.
Milwaukee, WI 53222
414-256-1226
jpenzenstadler@ssnd-milw.org

Joan is a School Sister of Notre Dame and serves as Vice President for Mission and Identity at Mount Mary. She holds a Ph.D. in theology and education from Boston College as well as a certificate in Spiritual Guidance from Siena Center in Racine, Wisconsin. Joan tries to provide a space where the Spirit of Truth can emerge and where the directee knows s/he is safe and heard and called to grow. She meets with directees in her office on the campus of Mount Mary University. She has a sliding scale: \$30-60.

Lynn Ann Reesman

St. Gabriel Parish
1200 St. Gabriel Way
Hubertus, WI 53033
262-628-1141 or 262-674-1027
lreesman@gmail.com

Lynn Ann is a director of adult ministry, wife, mother, and grandmother. She holds various degrees including a MAPS from Saint Francis Seminary, an MA in Christian Spirituality from Creighton University, and a Certificate in Spiritual Direction and Directed Retreats from Creighton University. Formed in Ignatian spirituality, she believes spiritual direction to be a graced time during which two people of faith attune themselves intentionally to the movement of God in their hearts and lives. She sees the

director's primary role as one of listening for and assisting in the discernment of these movements in the directee. Her sliding scale is \$20-\$50 (always negotiable).

Sister Nancy Sell, OSF

Sacred Heart Center
1545 South Layton Blvd.
Milwaukee, WI 53215
414-385-5324
sellk@archmil.org

Sister Nancy is director of Spirituality and Formation for the School Sisters of St. Francis and a freelance spiritual director and spirituality consultant. She holds a BA in theology from Xavier University, a Masters in Theology from Washington Theological Union, and A Doctor of Ministry from Andover Newton Theological School. Sister Nancy's style as a director is to listen attentively, giving time and space for the story to unfold, and then offering reflective questions and responses. She has a sliding scale: \$40-60 (suggested \$60). Fees negotiable for times of financial hardship.

Sister Kathleen Sowinski, SSSF

10444 W. Michigan Street
Milwaukee, WI 53226
414-453-1392
sowinskik@archmil.org

Sr. Kathleen serves as a personal services coordinator for groups of semi-retired sisters and works with several committees on administrative affairs. She holds various degrees including an MA from Sacred Heart School of Theology in Franklin, Wisconsin, and a Certificate in Spiritual Guidance from the Siena Center in Racine, Wisconsin. Sr. Kathleen sees her role as walking with the seeker while becoming more aware of the Divine presence in his or her life.. As director, she helps to nourish the "God-seed" within the person. Fee: \$40, with provisions for financial need.

Sr. Mary Jane Wagner, SSSF

St. Joseph Center
1501 S. Layton Blvd.
Milwaukee, WI 53215
414-385-5246
mjwagner@sssf.org

Sr. Mary Jane is a pastoral musician, holding degrees in music, theology, liturgy, and religious studies, as well as a Certificate in Spiritual Direction from the Claret Center in Hyde Park, Chicago. She listens for the Spirit speaking in both words and silence, tears and laughter. Her directees have described her as "gentle, but firm." Her fee is negotiable.